

Abstract

Title: Case study of a patient with a primary diagnosis of ankylosing spondylitis

Objectives: The aim is to become familiar with the general issues of ankylosing spondylitis and in a special section to develop a case report of physical therapy care for the patient with a diagnosis of ankylosing spondylitis.

Methods: Bachelor thesis includes a case study of a patient with a primary diagnosis of ankylosing spondylitis. The work consists of a general part, which contains a brief description of the disease and possible complications of diagnostic and therapeutic methods. In the second part - special patient case report is processed, which was created during my professional experience in Rheumatology Institute in the period from 8.2.2013 to 14.1.2013. In addressing this diagnosis was not used any invasive techniques.

Results: Performed after therapy there was a significant reduction in pain and restore proper movement stereotypes.

Keywords: ankylosing spondylitis, m. Bechtěrev, case of study, rehabilitation